Organic Beauty and Wellness for the Skin
Welcome to yet another new and exciting year at Starflower Essentials! Since 1994, Starflower has been consistently developing holistic and organic products to transform your skin and delight the senses. We now offer a special treatment line of skin care to address the common causes of Rosacea, Systemic Acne and Hyper-pigmentation. These being more lifestyle/stress induced conditions and related to nutrition, Starflower has developed a Superfood Energy Drink called ‘EnerChi’. It contains over 60 of the best antioxidant, vitamin and mineral rich raw foods gathered from around the world and is a meal in itself. I’m very excited about this product, the tremendous vitality I feel when I drink it and am so thrilled to offer it to you now after many years of personal research and development.

Starflower is synonymous with ‘organic beauty and wellness’ and is making a name for itself within one of the highest genres of skin care, FOOD GRADE and ORGANIC with NO PROPYLS, PARABENS or CHEMICALS of any kind. I’m proud to offer this labor of love to you and hope you will enjoy Starflower Essentials as much as I have enjoyed creating them.

To your health, beauty and pleasure,

Cherylyn Van Kirk
CEO Starflower Essentials
Face Care

Look beyond the symptoms and try a holistic approach to organic beauty. When you properly cleanse, nourish and vitalize your skin, you give it a chance to show amazing results. Starflower cleansing, exfoliation and toning are the essential keys to unlocking beautiful, soft, radiant skin!

CLEANSE AND TONE

CRÈME CLEANSERS
A synergized blend of organic herbs to decongest, detoxify, re-mineralize, tone and soothe the skin. They are light yet nutrient rich cleansers which effectively remove impurities and make-up while maintaining the skin’s natural PH layer. Designed for everyday use and available in three wonderful scents to best suit your skin condition.

Rose
Normal, dry, sensitive, mature

Lavender
All skin conditions and especially combination skin

Grapefruit
Normal, oily, large pores, problem

EXFOLIANT CLEANSERS
Our three exfoliants offer a healthy, holistic alternative to hydroxy acids and are much more effective for long-term use. When activated with water, they offer a fresh delivery of almond milk and rare essential oils in a base of almond meal, millet flour and herbal powders. The result is deeply cleansed, nourished, smooth, glowing skin and refined pores! Exfoliants are a must for beautiful, healthy skin and ours can be left on to dry as a mask. Designed for everyday use.

Rose Almond
Normal, dry, mature

Chamomile
Normal, dry, dehydrated, sensitive, inflamed

ChamoMillet
Normal, oily, large pores, problem

NUTRIENT TONER MISTS
Cleanse, tone and moisturize – essential to beautiful skin. Starflower toners hydrate and tone the skin, strengthen connective tissue and increase elasticity of the pores. Synergistically blended herbs and essential oils promote deep tissue regeneration.

Rose Gold Nutrient Toner
Rose scent. Normal, dry, mature, sensitive

Royal Vera Nutrient Toner
Lavender scent. Normal, oily, problem, combination

Cool Citrus C-Weed Toner
Neroli scent. Mineral rich for all skin conditions

Herbal Skin Bracer
Aftershave for men and women. For all skin conditions

Rose Water AromaMist
Refreshing. For all skin conditions
I just wanted you to know that your skin care line is amazing. I have been suffering from adult acne for the last five years. However, since I visited Providence Day Spa in Brooklyn and purchased your products, I have seen amazing results. Everywhere I go people ask me what I’ve done to my skin. Not only has the acne cleared up, my skin is now soft and even toned.

Lisa T., Brooklyn, NY

CLEANSING, TONING & REFRESHER PADS

Our Starflower Petalets are a popular favorite, especially among women on the go or who travel and want something refreshing and cleansing, fast! Cotton pads are soaked in healing aloe vera, gentle astringent and toning witch hazel, harmonizing rose water, and rare essential oils.

**Rose Petalets**  
*Normal, dry, sensitive*

**Lavender Petalets**  
*Normal, oily, problem, combination*

We’ve been using Starflower products in our facial treatments since we opened almost 4 years ago. Clients absolutely love the way the products smell, feel and perform. They can’t believe how “synthetic” other products seem in comparison. We love Starflower because the products are so easy to sell, and clients keep coming back for more. They’ve made our spa very profitable!

*Lynn Shulman, founder, Elixir Organic Spa, Toronto, Ontario, Canada*
Moisturize

Starflower Moisturizers are formulated for balancing and moisturizing every skin condition. They have sun-protection properties and essential oils to stimulate the skin’s natural functions. Herbal antioxidants and Vitamin E slow down oxygenation and free radical-induced deterioration of the skin’s natural fatty acids. Our synergistic formulas encourage harmony and cell regeneration deep within the skin’s layers. Rich emollient oils and waxes give extra protection to the surface layer of the skin. Colloidal silver and gold are added for antifungal and antibacterial properties.

NUTRIENT INTENSIVE MOISTURIZERS

Light and highly absorbent, our “aroma plant” moisturizers are available in five therapeutic scents for each skin preference. All Nutrient Intensive Moisturizers (NIMS) contain borage, almond and jojoba oils, aloe vera gel, mineral water complex, herbal extracts, rare essential oils and Vitamins C and E.

Chamomile Rose
For dry, sensitive, dehydrated, inflamed or sunburned skin, wrinkles, mature skin

Sandalwood
For dry, sensitive, oily, chapped cracked skin, acne, scars, wrinkles, mature skin

Mandarin-Melissa
For dry, oily combination, congested and dull skin, acne, scars, slack tissue, spots, wrinkles

Lavender
For balanced to oily, combination, congested and dull skin, acne, eczema, sunburn, irritated, inflamed skin

SeaFlower SPF 15
Daytime sun protection for all skin conditions

Lime-Orange
For oily, congested and dull skin, acne, spots
Rose Gold Face Crème
Normal, dry, sensitive, dehydrated, mature
A very special healing day crème, rich in antioxidant protection and vitalizing herbs wild crafted from the Colorado mountains. A super soothing crème, ideal for traumatized skin in special need of repair (post-laser surgery or chemical peels) and a blessing for burned skin with its anti-scarring properties. To reduce extra sheen, Chamomile Face Powder will seal in moisture and provide a smooth matte finish.

Lavender Gold Face Crème
Normal, dry, combination
Highly absorbent emollient oils and regenerative herbs provide effective daily moisture protection while stimulating balance and tone for normal or dry skin which suffers occasional monthly breakouts.

SkinDance Face Moisturizer
All skin conditions
A Starflower favorite, SkinDance Face Moisturizer is an essential and vital skin food within the Starflower Face Care System. The naturally high content of essential fatty acids balance the skin and protect it from excessive sun as well as cold. It has a high content of GLA (gamma-linolenic acid) and provides SPF 8 protection. Synergistic essential oils stimulate balance within the skin’s natural functions, especially the oil producing glands. SkinDance has a positive effect on all types of skin including oily, problem, or dry, sensitive. It will tone the skin, reducing the size of the pores while increasing elasticity. Very useful to aging skin as a cell regenerative.

Day Replenish Face Moisturizer
Dry, mature, fragile skin
A rich, non-clogging facial balm designed to give extra moisturizing barrier protection for extremely dry skin and/or dry weather conditions. Layering over a Nutrient Intensive or Skin Dance Moisturizer is recommended for the dry winter months.

Chamomile Face Powder
All skin conditions
Finer than silk powder and completely herbal with pore refining essential oils and powdered herbs of arrowroot and chamomile. Apply after moisturizer or make-up to smooth facial skin tone, absorb excess moisture and provide an attractive matte finish. Includes sponge puff.

FACIAL CRÈMES, OILS AND POWDER

Starflower is such an innovative company. I like that many of the products have rare, hard to find premium organic ingredients, such as royal jelly, sprouted wheat grass and barley grass juices. Myself, as an esthetician touching the products constantly throughout the day, it is a comfort to know that I’m not handling chemical ingredients that could have an adverse effect on my health.

Sarah Reynolds, esthetician, Ventana Inn & Spa, Big Sur, CA
Bright Eyes Petalets
Refresh the eyes by placing soaked pads over closed eye lids anytime, day or night. Herbal extracts of chamomile, eyebright and fennel bring soothing relief to puffy, swollen, red and itchy eyes due to fatigue, allergies, air pollution, computer radiation, etc.

Bright Eyes Regenerative Eye Oil
Highly nutritive and absorbent essential fatty acid oils such as borage, black currant seed and seabuckthorn are blended with anti-inflammatory essential oils to tone and smooth fine wrinkle lines giving elasticity to the tender fragile skin around the eyes.

Bright Eyes Regenerative Eye Gel
A healing, refreshing gel for night time repair and day time protection to assure a firm and supple appearance around the eyes. Bright Eyes Gel contains herbal extracts, aloe vera, royal jelly, borage oil, regenerative essential oils such as chamomile, neroli, palmarosa, carrot and fennel.

Rose Gold Lip Crème
This crème is a highly effective treatment for dry and chapped lips and for wrinkles which form around the mouth. This soothing, emollient formula nourishes and smooths while offering superb sun, cold and dry weather protection.

"I've never liked putting chemicals on my face, but for a long time I thought that was the only way that I could have clear skin. Frustrated by trying tons of products that didn't work, I thought I'd try something different with Starflower. Immediately, my skin looked and felt better and my problem skin has improved dramatically. I am glad I found an alternative skin care line that is organic and works great!"  Jonathan P., Austin, TX
Herbal Essential Steam
Purifying — all skin conditions
A synergized blend of 17 organic herbs and flowers to deeply cleanse, nourish, tone, and activate the skin’s natural functions. Herbal Essential Steam purifies and opens pores in preparation for Starflower’s facial masks.

Flower & Sea Rejuvenating Face Mask
Moisturizing — all skin conditions
Revitalize and mineralize with pure arctic seaweed and a special organic herbal synergy. Especially beneficial to lack-luster skin, large pores and blemishes while infusing the skin with moisture and vital anti-oxidants. Floral scent.

Clary Sea Face Mask
Detoxifying — all skin conditions
A highly mineralized, detoxifying mask designed to nourish, regenerate and effectively flush deeply embedded toxins. Most effective when applied after Herbal Essential Steam, as both these preparations greatly enhance the effectiveness of the other. Clary Sea contains blue green algae, arctic seaweed, highly mineralized clay and essential oils.

Herban Cool Enzyme Peel
Firming — all skin conditions, including inflamed acne
This natural enzyme peel refines texture and smooths the skin like no other. Packed with powerful herbal anti-oxidants such as organic barley grass and wheatgrass juices, rosemary, papaya and bee pollen. Herban Cool provides valuable amino acids, minerals and vitamins to enhance the skin. Cooling peppermint scent.

Royal Rose Enzyme Mask
Hydrating — normal, dry, dehydrated, mature, sensitive
A very special tonic for the body—inside and out! Whether you want a rose honey mask for collagen renewal or a taste bud extravaganza at tea time, you’ll love Royal Rose Enzyme Mask. It’s delicious and nutritious with premium ingredients such as raw, organic honey infused with the world’s finest European, medicinal grade Bulgarian rose (highest frequency essential oil) and fresh royal jelly (200 ml. per teaspoon). Enjoy!

STEAM AND MASK

I’m into all organic, but I’ve never tried anything so vital. I’m 64 years old and your products have made such a difference. I think every young woman using your products could really keep their skin youthful and beautiful on through mature age.
Rosy L., Phoenix, AZ
SPECIAL TREATMENTS

**Rosacea Clear**
Starflower incorporates a holistic approach to this systemic disease, one that takes into consideration your lifestyle, your nutrition and your skin care preparations (See panel on left of page). Rosacea Clear effectively reduces and helps clear inflammation that shows up as red, spidery veins within the dermal layer of the cheeks or nose. Included in this formula are the best plant and mineral substances for this condition: evening primrose, St. Johns wort, borage, witch hazel, rosemary, hemp, horse chestnut and copper to calm and soothe inflammation and strengthen connective tissue.

**Enlighten Skin — Roll On**
A synergistic blend of lightening agents to effectively address hyper-pigmentation of facial skin. Contains licorice, kojic acid, mulberry, senna, lactic acid, green tea, lime, lemon, manuka (active 12+) honey.

**Royal Rejuve Night Serum**
Normal to dry, dehydrated, wrinkled, mature
At night the skin renews and repairs itself from the stresses of the day. To help, Starflower has created a beautiful synergy of royal jelly in a vital organic herbal complex consisting of 18 regenerative herbs, aloe vera gel, Vitamin C and green tea antioxidants, the finest organic Bulgarian Rose Otto and raw honey. Royal Rejuve will reduce or eliminate fine lines, hydrate and plump the skin and stimulate collagen renewal deep within the skin’s cellular structure. In the morning, the skin will look plump, smooth and refined with the appearance of a slight face lift. For extra hydration during the day apply Royal Rejuve under your moisturizer.

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*Rosacea can be the result of a hectic lifestyle, a lack of rhythm and overuse of stimulants such as coffee, alcohol, sugars and hot, spicy foods.*
**INTRO / TRAVEL KITS**

Packaged in handy clear vinyl-gold trimmed bags, each kit features smaller sizes of various products to best suit your basic skin care needs. We also offer a Skin Care Sampler Kit, perfectly sized and priced for gift giving.

**FACE KITS**

Each kit is designed according to your skin condition and contains 1 oz. Crème Cleanser, 1 oz. Toner Mist, 1 oz. Nutrient Intensive Moisturizer, 1/2 oz. SkinDance Moisturizer, 1/3 oz. Lip Crème, 1 packet ea. of Exfoliant, Steam, Mask.

**Dry/Mature Kit**

**Sensitive/Inflamed Kit**

**Balanced/Combination Kit**

**Oily/Problem Kit**

**For Men Only Kit**

**Skin Care Sampler — Gift Kit**

Smaller Kit contains 1/2 oz. ea. of Exfoliant, Toner, SkinDance, Lavender Body Oil in a white chiffon pouch. Very pretty!

**Body Oil Kit**

Now you can have four different aromatherapeutic oils at your finger tips when you want them. Kit contains 4 / 2 oz. glass bottles:

*Rose - Harmony  Chamomile - Calming  Lavender - Relaxing  Rosemary - Stimulating*

**HYPER-PIGMENTATION**

Causes of hyper-pigmentation vary with each body type, but the most universal causes are dietary and over exposure to the sun. Preventatives: 1. Cleanse the body internally with herbs once or twice a year to flush the body of built up toxins. Ask a Starflower representative for more details. 2. Avoid extended periods in the sun without a hat and wear an organic sunscreen.

**ACNE**

Often linked to hormonal or digestive imbalances, acne can be managed effectively with:

- **Lavender or Grapefruit Crème Cleanser**
  surface dirt and make-up removal

- **Chamomile Cleanser & Mask**
  for inflamed acne deeply cleanses, anti-inflammatory

- **ChamoMillet Exfoliant Cleanser**
  deeply cleanses and exfoliates

- **Lavender Petalets**
  anti-bacterial cleanser and refresher pads

- **Royal Vera Nutrient Toner Mist**
  reduces blemishes and blackheads, helps regulate inner skin function

- **Herbal Skin Bracer**
  anti-bacterial, anti-oxidant rich

- **Acne Clear**
  balances, purifies and normalizes skin PH

- **Nutrient Intensive Moisturizer**
  Sandalwood, Lavender or Lime Orange, SeaFlower SPF15

- **SkinDance**
  balances oil production, reduces pore size, prevents scarring

- **Herbal Essential Steam**
  anti-septic, opens clogged pores, nourishing

- **Clary Sea Face Mask**
  detoxifies, draws impurities

- **Herban Cool Enzyme Peel**
  reduces and soothes inflammation, spot treat blemishes

- **EnerChi – Super Energy Food**
  inner skin nutrition, anti-oxidant rich
Starflower baths banish cold indifference, lift the spirit and the body while infusing the mind with kinder considerations. Both inspiration and respiration are enhanced when the body is buoyed in warm waters and when thoughts are seduced into the issues of fine fragrance.

GOURMET HANDMADE CLEANSING BARS
Expert formulation and vital organic food-grade ingredients come together to bring you the best creamy cleansing bar ever and so much better than a shower gel! Starflower Cleansing Bars are like no other...so creamy fresh with whole organic foods like avocado, fruits, raw cacao nibs, spirulina, organic cold pressed oils and bursting with unique scents from around the world. We think you and your skin will agree...these really are the best ever!

Avocado Lemongrass
Refreshing, Deodorant

Carrot Calendula
Floral, Regenerative

Orange Cinnamon
Cheering, Stimulating

Ylang Ylang
Sensual, "Aromantic"

Cacao Mint
Anti-oxidant Rich

Goat Milk (unscented)
Gentle enough for a baby

Ayaté Exfoliating Wash Cloth
An excellent organic body exfoliator, this "magical" cloth swells up and softens when placed in water. People who use it in the bath or shower comment on it's effectiveness without it being abrasive on the skin. These cloths never accumulate soap scum, are mildew resistant and make great companions to our gourmet cleansing bars. Fibers come from the Maguey tree and are hand woven by indigenous Indians in Mexico.
AROMASALT BATH SACHETS
A holistic and therapeutic in-home spa treatment consisting of synergized organic herbs, grain and nut powders, mineral salts, clay and essential oils. Drop sachet into your bath and use as a wash cloth to nourish, detoxify, tone and remineralize the skin while providing soothing relaxation to mind and body.

Summer Solstice
A relaxing and revitalizing synergy of flowers and herbs from our summer garden.

Seven Trees
A purifying and refreshing synergy to increase blood flow, encourage deep breathing and provide pain relief for aching joints and muscles.

Your Ayate Washcloth...Oh My Gosh, I love it! It doesn’t scratch my skin and with your cleansing bar, it leaves my body feeling silky smooth, nourished and perfectly exfoliated. My skin glows and feels alive.
Brandi Levi, owner, Esthetica Spa, Studio City, CA

BATH EMULSIONS

Rosemary Bath
Rosemary is best known for strengthening memory and mental clarity. It is ideal as a morning bath or before a night on the town, enlivening both mind and body by stimulating the nervous system and improving circulation.

Seven Trees Bath
A particularly refreshing blend of pine, fir, spruce, eucalyptus, birch, cedar, and cypress to uplift the spirit, promote deep breathing, and bring relaxation to the body.

Lavender Bath
A late afternoon or evening bath, lavender has a calming, relaxing effect on the body and nervous system and promotes peaceful sleep. It is both a tonic and sedative and is ideal for high blood pressure.

Lemon Bath
A purifying, refreshing and rejuvenating blend of lemon, melissa, and marjoram. Lemon Bath will soothe and relieve tension headaches, stimulate the digestive system, tone the lymphatic system, and help disperse cellulite.

In’joy Bath
A relaxing, heart opening experience, In’joy is a conjugal synergy of rose, jasmine, ylang ylang, sweet orange, palmarosa and ambrette, which encourages joy, intimacy and playfulness.

Lemon Ginger Bath
The spicy scent of lemon and ginger will ease confusions of the mind while warming the heart. On a scientific note, purifying lemon and stimulating ginger help the body’s own immune system to overcome infections such as sore throat, flu, the common cold and its symptoms, such as chills and fever.
Body Care

Warmth is the experience we seek from each other. Warmth occurs wherever the spirit is active. The high priestesses and priests of old invoked the fiery presence of the holy spirit with anointing oils. Starflower body oils and milks are synergistically blended to invoke qualities of vitality, calmness, intimacy, relaxation, balance and protection.

BODY OILS

Rose Body Oil — Harmonizing
In the art of aromatherapy, rose is the “Queen of Flowers” and is inspired by Venus. Rose is especially beneficial to women and enhances our feminine qualities, imparting harmony and protection. Rose can help with issues surrounding sexuality or the reproductive cycle.

Chamomile Body Oil — Calming
Chamomile is a useful anti-depressant, lifting the spirit in fretful, irritable, or nervous situations. It is gentle enough for the care of infants and children.

Lavender Body Oil — Relaxing
One of the most versatile of all the essential oils, Lavender is both a sedative and a tonic. Its healing powers bring balance and relaxation to the body and emotions, relieving muscular pain and calming the central nervous system. Good for headaches.

Rosemary Body Oil — Stimulating
As a stimulant, Rosemary encourages circulation and strengthens the central nervous system, promoting mental clarity and memory. It is also known to relieve tired, stiff muscles and pain from arthritis and rheumatism.

In’joy Body Oil — ‘Aromantic’
In the art of aromatherapy, Jasmine is considered the “King of Flowers.” The king and queen of flowers unite in this conjugal formula becoming a potent aphrodisiac. Emotionally warming, In’joy promotes confidence, relaxes the body and invites the spirit out from melancholy.
BODY MILKS AND BUTTERS

Emollient, light and silky, our luxuriantly scented moisturizers will delight your senses and revitalize your skin from head to toe.

Neroli Body Milk
Rare Neroli orange blossoms soothe and uplift your senses while this luxuriant milk works deep into the layers of the skin providing cell regeneration and wrinkle protection.

Rose Gold Body Milk
The finest Bulgarian rose ingredients will bring harmony to your senses and protect even the most sensitive skin from the elements. Excellent for dry, chapped or mature skin, this creamy milk will nourish, balance and refresh the body.

French Lavender Body Milk
Bring the French lavender fields into your bathroom with this soothing and fragrant body milk. An all around pleaser, lavender is so relaxing at the end of a long day and will nourish, balance and moisturize the body before bedtime.

CoCo Vanilla Body Butter
Be enveloped by rich, emollient oils from the tropics anytime of year! Premium organic virgin coconut, macadamia oils, raw cacao and shea butters are infused with real vanilla bean and the costly vanilla total essential oil. The result is pure “scentual” pleasure for a day at the beach or skiing on the slopes.

HEALING SALVES AND BODY POWDER

Our premium salves and powder are hand made from medicinal grade, organic or wild-crafted essential oils and herbs. Masterfully synergized formulas are designed for fast, healing effectiveness.

Herba Salve
An all around healing salve for all manner of skin conditions such as red, irritated and inflamed skin, rashes, minor burns, scars, eczema, insect bites, chapped lips, etc. Shaving or waxing tip: Apply to legs after shaving or waxing to quickly soothe and relieve any red irritation. Follow with our talc-free body powder for a nice smooth finish.

Hot Ice
An analgesic healing salve to help you transcend the pain of injury. Also, it gives effective relief from arthritic joint pain and stiffness. Contains herbal extracts and essential oils of comfrey, ginger, arnica, horsetail, goldenseal, cajeput, benzoin, peppermint, clove and black pepper.

Herbal Body Powder
Highly absorbent herbal powders such as yarrow, marshmallow, rosemary and lavender smell wonderful and feel silky smooth on the skin. This all herbal powder will absorb excess moisture, relieve itchy skin, deodorize, keep feet dry and help with oily scalp and hair.
Essential Oil Singles

<table>
<thead>
<tr>
<th>SINGLES</th>
<th>Description</th>
<th>Applications</th>
</tr>
</thead>
<tbody>
<tr>
<td>BASIL</td>
<td>Clarifying</td>
<td>Mental fatigue, migraine, allergies, aches &amp; pains, scalp stimulant</td>
</tr>
<tr>
<td>CARROT</td>
<td>Tonic</td>
<td>Liver &amp; gall bladder tonic, gout, skin ulcerations, eczema, wrinkles</td>
</tr>
<tr>
<td>CHAMOMILE</td>
<td>Stress Relieving</td>
<td>Migraine, anxiety, stress, inflammation</td>
</tr>
<tr>
<td>CLARY SAGE</td>
<td>Sedative</td>
<td>Depression, debility, euphoric, sore throat</td>
</tr>
<tr>
<td>CYPRESS</td>
<td>Astringent</td>
<td>Excess fluids, cellulite, heavy &amp; painful periods</td>
</tr>
<tr>
<td>EUCALYPTUS</td>
<td>Decongestant</td>
<td>Sore throat, colds, insect repellent, rheumatism, antiviral</td>
</tr>
<tr>
<td>GERANIUM</td>
<td>Regulating</td>
<td>Menopause problems, lymphatic stimulant</td>
</tr>
<tr>
<td>GRAPEFRUIT</td>
<td>Tonic</td>
<td>Obesity, cellulite, depression, kidney and liver problems</td>
</tr>
<tr>
<td>LAVENDER</td>
<td>Relaxing</td>
<td>Nervous tension, high blood pressure, headaches, insomnia</td>
</tr>
<tr>
<td>MARJORAM</td>
<td>Warming</td>
<td>Heart tonic, high blood pressure, loneliness, grief, sedative, bruises</td>
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<tr>
<td>ORANGE</td>
<td>Cheering</td>
<td>Depression, anxiety, spasm, constipation, insomnia, antiseptic</td>
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<tr>
<td>OREGANO</td>
<td>Anti-Infectious</td>
<td>Powerful antiviral, antibacterial, antifungal, antiparasitic, pain</td>
</tr>
<tr>
<td>LEMON</td>
<td>Cleansing</td>
<td>Lymphatic stimulant, liver &amp; kidney tonic, fevers, greasy hair</td>
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<tr>
<td>PALMAROSA</td>
<td>Regenerating</td>
<td>Calming, nervous exhaustion, cell regenerative, wrinkles</td>
</tr>
<tr>
<td>PEPPERMINT</td>
<td>Energizing</td>
<td>Digestive aid, fainting, shock, colds, flu, fever</td>
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<tr>
<td>ROSEMARY</td>
<td>Invigorating</td>
<td>Headache, fatigue, low blood pressure, aids memory, scalp stimulant</td>
</tr>
<tr>
<td>ROSEWOOD</td>
<td>Clearing</td>
<td>Nausea, headaches, soothing, enhances skin elasticity</td>
</tr>
<tr>
<td>SANDALWOOD</td>
<td>Soothing</td>
<td>Aphrodisiac, relaxing, healing, meditative, acne</td>
</tr>
<tr>
<td>TEA TREE</td>
<td>Anti-Infectious</td>
<td>Immuno-stimulant, cold sores, warts, acne, athlete’s foot</td>
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<tr>
<td>YLANG YLANG</td>
<td>Aphrodisiac</td>
<td>Calming, relaxing, sedative, depression, palpitations</td>
</tr>
</tbody>
</table>

Essential Oil Synergies

<table>
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<tr>
<th>SYNERGIES</th>
<th>Description</th>
<th>Essential Oils</th>
</tr>
</thead>
<tbody>
<tr>
<td>IN’JOY</td>
<td>Joyful, Romantic, Exotic, Playful</td>
<td>Jasmine, rose, ylang ylang, sandalwood, sweet orange, bergamot, palmarosa, ambrette</td>
</tr>
<tr>
<td>MAGI</td>
<td>Sacred, Meditative</td>
<td>Frankincense, myrrh, sandalwood, monatomic gold</td>
</tr>
<tr>
<td>SEVEN TREES</td>
<td>Uplifting, Refreshing</td>
<td>Pine, fir, spruce, cedar, cypress, eucalyptus, birch</td>
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<tr>
<td>COOL CITRUS</td>
<td>Cooling, Invigorating</td>
<td>Lemon, red mandarin, orange, neroli, bergamot, petitgrain</td>
</tr>
<tr>
<td>LIMB RELAX</td>
<td>Relieves Tension, Restores Balance</td>
<td>Lavender, geranium, marjoram</td>
</tr>
<tr>
<td>LIMB STIMULATE</td>
<td>Invigorates, Stimulates Circulation</td>
<td>Rosemary, sage, thyme</td>
</tr>
<tr>
<td>SPINE REJUVE</td>
<td>Nerve Regenerative</td>
<td>Ginger, grapefruit, lemongrass, eucalyptus, juniper, peppermint</td>
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<tr>
<td>CELLULITE</td>
<td>Fat Disperser</td>
<td>Rosemary, cypress, birch, juniper, oregano</td>
</tr>
</tbody>
</table>

Facial Cell Regeneratives and Natural ‘Parfumes’ — in Organic Jojoba Oil Base

<table>
<thead>
<tr>
<th>5% BLENDS</th>
<th>Description</th>
<th>Applications</th>
</tr>
</thead>
<tbody>
<tr>
<td>ROSE OTTO 5%</td>
<td>Harmonizing</td>
<td>Highest frequency, “Queen of Flowers”, skin tonic, rosacea, wrinkles</td>
</tr>
<tr>
<td>NEROLI 5%</td>
<td>Rejuvenating</td>
<td>Uplifting, menopausal problems, cell regenerative, facial skin tonic, all skin types especially dry or sensitive</td>
</tr>
<tr>
<td>JASMINE 5%</td>
<td>Exotic</td>
<td>Aphrodisiac, uterine tonic, facial skin tonic, hot dry, sensitive or oily skin</td>
</tr>
</tbody>
</table>
RED REISHI — Longevity Tonic

*Organically Grown and Wildcrafted in North America*

Known as lingchi, “mushroom of immortality” in China, Red Reishi is the single most highly rated herb in terms of multiple benefits and lack of side effects, in all of traditional Chinese medicine. Extensive human clinical studies have shown overwhelming beneficial results in conditions of cancer, high cholesterol, hepatitis, arthritis, asthma and poorly regulated immune response. The list goes on and because of so many therapeutic benefits, we classify Red Reishi as one of the most versatile healing tonics we’ve experienced in the world.

ENERCHI — Organic Blender Mix

*Inner Skin Tonic, A Super Energy Food*

When you alkalize and hydrate your body something wonderful happens to your skin. It gets younger! Alkaline Superfoods provide the missing link to achieving vibrant health. When you remove acidic toxins with Enerchi’s rich antioxidant formula you’ll...Flush Fat, Detoxify, Heighten Mental Clarity, Enhance Immunity, Increase Regeneration, Enjoy Maximum Energy all day, everyday.

do you have ENERCHI
Skin Care Ingredients

All ingredients are organic/wildcrafted when available

Alkanet Herb  Carrot Seed  Fennel Seed  Lactic Acid  Rose Hip Seed Oil  Tansy Flower
Almond Meal  Castor Oil  Ginger Root  Lanolin  Rose Petals  Titanium Dioxide
Almond Oil  Chamomile Flower  Ginseng Powder  Lavender Flower  Rose Water  Vanila Bean
Aloe Vera Gel  Chickweed Herb  Glycerine (vegetable)  Lecithin  Rosemary Leaf  Violet Leaf
Anise Seed  Chlorella  Goats Milk  Lemongrass Herb  Rosemary Extract  Vitamin C
Apricot Oil Arnica  Cinnamon Powder  Goldenseal Herb  Licorice Root  Royal Jelly (fresh)  Vitamin E
Arnica Herb  Cleavers Herb  Grain or Fruit Alcohol  Macadamia Nut Oil  Safflower Oil  Wellness Water™
Arrowroot Powder  Coconut Oil (extra virgin)  Green Barley Grass  Marshmallow Root  Sage Extract  Wheat Germ Oil
Astragalus Herb  Colloidal Silver & Gold  Mint Oil  Millet Powder  Seabuckthorn Oil  Wheat Grass Juice Powder
Avocado Fruit & Oil  Coltsfoot Herb  Mulberry Herb  Neem Leaf  Self-Heal  Wild Lettuce
Bee Pollen  Cornflower Herb  Nettle Leaf  Olive Oil (extra virgin)  Senna Leaf  Witch Hazel Distilled
Bee wax  Cucumber  Oregano Herb  Orange Blossom  Sesame Oil  Witch Hazel Herb
Benzoin Gum  Dandelion Leaf & Root  Peppermint leaf  Olive Oil (extra virgin)  Propolis  Xanthan Gum
Beta-Carotene  Dandelion Root  Papaya  Jojoba Oil  Red Clover Flower  Yarrow Herb
Black Currant Seed Oil  Dendrobium  Plantain Leaf  Kelp Powder  Red Clover Leaf  Zinc Oxide
Blue Green Algae  Dill Seed  Sage Extract  Rose Petals  Sage Oil  Zinc Oxide
Borage Seed Oil  Echinacea Flower & Root  Rosemary leaf  Sage Water  Safflower Oil  Zinc Oxide
Burdock Root  Elder Flower  Rosemary Extract  Salad Burnet  Saw palmetto  Zinc Oxide
Cacao Butter  Emulsifying Wax (vég.)  Rosemary Extract  Saw palmetto Oil  Sea Buckthorn  Zinc Oxide
Cacao Nibs (raw chocolate)  Evening Primrose Oil  Rosemary Extract  Sea Buckthorn Oil  Seaweed  Zinc Oxide
Calendula Flower  Eyebright Herb  Royal Jelly (fresh)  Sea Buckthorn Oil  Shampoo  Zinc Oxide
Caraway Seed  Fresh Lichens  Rose Petals  Sea Buckthorn Flowers  Shea Butter  Zinc Oxide
Carrot Seed  Fresh Lichens  Rose Petals  Sea Buckthorn Flowers  Shea Butter  Zinc Oxide
Carrot Seed  Fresh Lichens  Rose Petals  Sea Buckthorn Flowers  Shea Butter  Zinc Oxide
Carrot Seed  Fresh Lichens  Rose Petals  Sea Buckthorn Flowers  Shea Butter  Zinc Oxide

The Heart of the Matter
Organic, Food Grade Skin Care is Better

Did you know that there is a profound difference between organic, food grade ingredients and cosmetic grade, cosmeceuticals?

Organically grown plants and oils, cold processed for food consumption are holistic by nature and their minimal processing allows substance integrity (literally the heart of the matter) to remain intact and vital. These substances nourish and better absorb into the skin because their molecular structure has not been disturbed and hardened through high temperature refining, bleaching, decolorization, standardization, etc. as are many cosmetic grade ingredients. Commercial over-processing of ingredients results in a less expensive, devitalized substance, and though not optimal for the skin, renders a longer shelf life, an essential feature when mass market saturation is the driving force.

Starflower Essentials assures skin vitality and organic beauty. At the heart of Starflower’s preparations are rare extracts of organically grown/wild-crafted medicinal plants, food grade plant oils and waxes, flower waters, aloe vera, rare essential oils and a myriad of other special ingredients, chosen for their harmonizing effect on the skin. Each of our ingredients, separately, could be considered a “wonder” ingredient, and marketed as the core of a product line. Our formulas are produced in small, frequent batches to deliver potency* and freshness to you, the conscious consumer, whose skin knows and shows the difference! And remember, the most vital skin care in the world is organic and food grade.

The average shelf life of our products is 1-1/2 years from date of manufacture and a healthy 8 month vitality quotient once the product is opened.

* potency is not just a matter of concentration. It is about staying true to the living nature of the ingredients and their ability to be absorbed.
## Skin Care Charts

### DRY / MATURE

<table>
<thead>
<tr>
<th>CLEANSE</th>
<th>TONE</th>
<th>MOISTURIZE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MORNING</strong></td>
<td>Rose Crème Cleanser or Lavender Crème Cleanser or Rose Petalas or Rose Almond Exfoliant Cleanser or Chamomile Cleanser and Mask</td>
<td>Rose Gold Toner Mist or Cool Citrus Toner Mist</td>
</tr>
<tr>
<td><strong>EVENING</strong></td>
<td>Same as Morning</td>
<td>Royal Rejuve Night Serum†</td>
</tr>
<tr>
<td><strong>EYES &amp; LIPS</strong></td>
<td>Bright Eyes Petalas, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème</td>
<td>Royal Rejuve Night Serum†</td>
</tr>
<tr>
<td><strong>SPECIAL TREATMENTS</strong></td>
<td>Royal Rejuve for dry, dehydrated skin, Rosacea Clear, Enlighten Skin for hyper-pigmentation</td>
<td>Royal Rejuve for dry, dehydrated skin, Rosacea Clear, Enlighten Skin for hyper-pigmentation</td>
</tr>
<tr>
<td><strong>WEEKLY CARE</strong></td>
<td><strong>STEAM</strong></td>
<td>Herbal Essential Steam</td>
</tr>
<tr>
<td><strong>MASK</strong></td>
<td>Clary Sea Face Mask, Herban Cool Enzyme Peel, Flower &amp; Sea Rejuvenating Mask, Royal Rose Enzyme Mask</td>
<td>Clary Sea Face Mask, Herban Cool Enzyme Peel, Flower &amp; Sea Rejuvenating Mask</td>
</tr>
<tr>
<td><strong>BATH</strong></td>
<td>Any Bath Emulsion, AromaSait Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth</td>
<td>Any Bath Emulsion, AromaSait Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth</td>
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### BALANCED / COMBINATION

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<tbody>
<tr>
<td><strong>MORNING</strong></td>
<td>Any Crème Cleanser or Lavender Petalas or Rose Petalas or Rose Almond Exfoliant Cleanser or Chamomile Exfoliant Cleanser</td>
<td>Rose Gold Toner Mist or Royal Vera Toner Mist</td>
</tr>
<tr>
<td><strong>EVENING</strong></td>
<td>Same as Morning</td>
<td>Royal Rejuve Night Serum†</td>
</tr>
<tr>
<td><strong>EYES &amp; LIPS</strong></td>
<td>Bright Eyes Petalas, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème</td>
<td>Royal Rejuve Night Serum†</td>
</tr>
<tr>
<td><strong>SPECIAL TREATMENTS</strong></td>
<td>Royal Rejuve for balanced, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation</td>
<td>Royal Rejuve for balanced, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation</td>
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<tr>
<td><strong>WEEKLY CARE</strong></td>
<td><strong>STEAM</strong></td>
<td>Herbal Essential Steam</td>
</tr>
<tr>
<td><strong>MASK</strong></td>
<td>Clary Sea Face Mask, Royal Rose Enzyme Mask, Flower &amp; Sea Rejuvenating Mask</td>
<td>Clary Sea Face Mask, Royal Rose Enzyme Mask, Flower &amp; Sea Rejuvenating Mask</td>
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<tr>
<td><strong>BATH</strong></td>
<td>Any Bath Emulsion, AromaSait Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth</td>
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### OILY / PROBLEM

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<tbody>
<tr>
<td><strong>MORNING</strong></td>
<td>Grapefruit Crème Cleanser or Lavender Crème Cleanser or Lavender Petalas or Chamomile Exfoliant Cleanser</td>
<td>Royal Vera Face Toner Mist or Cool Citrus C-Weed Toner Mist Herbal Skin Bracer</td>
</tr>
<tr>
<td><strong>EVENING</strong></td>
<td>Same as Morning</td>
<td>Herbal Essential Steam</td>
</tr>
<tr>
<td><strong>EYES &amp; LIPS</strong></td>
<td>Bright Eyes Petalas, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème</td>
<td>Herbal Essential Steam</td>
</tr>
<tr>
<td><strong>SPECIAL TREATMENTS</strong></td>
<td>Royal Rejuve for oily, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation</td>
<td>Royal Rejuve for oily, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation</td>
</tr>
<tr>
<td><strong>WEEKLY CARE</strong></td>
<td><strong>STEAM</strong></td>
<td>Herbal Essential Steam</td>
</tr>
<tr>
<td><strong>MASK</strong></td>
<td>Clary Sea Face Mask, Herban Cool Enzyme Peel</td>
<td>Clary Sea Face Mask, Herban Cool Enzyme Peel</td>
</tr>
<tr>
<td><strong>BATH</strong></td>
<td>Any Bath Emulsion, AromaSait Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth</td>
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### SENSITIVE / INFLAMED

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<tr>
<td><strong>MORNING</strong></td>
<td>Rose Crème Cleanser or Lavender Crème Cleanser or Lavender Petalas or Rose Almond Exfoliant Cleanser or Chamomile Exfoliant Cleanser</td>
<td>Rose Gold Toner Mist or Cool Citrus C-Weed Toner Mist</td>
</tr>
<tr>
<td><strong>EVENING</strong></td>
<td>Same as Morning</td>
<td>Rose Gold Toner Mist or Royal Vera Toner Mist</td>
</tr>
<tr>
<td><strong>EYES &amp; LIPS</strong></td>
<td>Bright Eyes Petalas, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème</td>
<td>Bright Eyes Petalas, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème</td>
</tr>
<tr>
<td><strong>SPECIAL TREATMENTS</strong></td>
<td>Royal Rejuve for sensitive, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation</td>
<td>Royal Rejuve for sensitive, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation</td>
</tr>
<tr>
<td><strong>WEEKLY CARE</strong></td>
<td><strong>STEAM</strong></td>
<td>Herbal Essential Steam (warm compress)</td>
</tr>
<tr>
<td><strong>MASK</strong></td>
<td>Clary Sea Face Mask, Royal Rose Enzyme Mask, Flower &amp; Sea Rejuvenating Mask</td>
<td>Clary Sea Face Mask, Royal Rose Enzyme Mask, Flower &amp; Sea Rejuvenating Mask</td>
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NIM* = Nutrient Intensive Moisturizer
Royal Rejuve Night Serum† = In summer months, because of less dryness, Royal Rejuve can be used alone. No extra moisturizer is necessary at nighttime.
Organic and Food Grade

Organic, food grade (superior to cosmetic grade) and naturally processed

Made with the highest standards of purity and quality, hand blended with fresh, vital organic and wild-crafted herbs, cold pressed oils and medicinal grade essential oils

Aromatherapy based

Made without mineral oil, petroleum products, synthetic scents, chemical preservatives, dyes

Naturally preserved by substances which not only maintain the vitality of the product but also have a beneficial effect on the skin

Packaged in glass to maintain the vitality of the product

100 % free of animal testing

Starflower Essentials are hand made and perishable, like the plants and flowers from which they are derived. Shelf life averages 12 to 18 months and is extended by protection from heat and light. Our products are designed for the more conscious consumer who appreciates the delicacy of vital substances. Please write to us with your comments or concerns. We welcome and value your ideas.

Your satisfaction is guaranteed.