

STARFLOWER™
Essentials



ORGANIC SKIN CARE

Organic Beauty and Wellness for the Skin

Nourishing Skin and Spirit

Welcome to yet another new and exciting year at Starflower Essentials! Since 1994, Starflower has been consistently developing holistic and organic products to transform your skin and delight the senses. We now offer a special treatment line of skin care to address the common causes of Rosacea, Systemic Acne and Hyper-pigmentation. These being more lifestyle/stress induced conditions and related to nutrition, Starflower has developed a Superfood Energy Drink called 'EnerChi'. It contains over 60 of the best anti-oxidant, vitamin and mineral rich raw foods gathered from around the world and is a meal in itself. I'm very excited about this product, the tremendous vitality I feel when I drink it and am so thrilled to offer it to you now after many years of personal research and development.

Starflower is synonymous with 'organic beauty and wellness' and is making a name for itself within one of the highest genres of skin care, FOOD GRADE and ORGANIC with NO PROPYLS, PARABENS or CHEMICALS of any kind. I'm proud to offer this labor of love to you and hope you will enjoy Starflower Essentials as much as I have enjoyed creating them.

To your health, beauty and pleasure,



Cherylyn Van Kirk
CEO Starflower Essentials



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Face Care

Look beyond the symptoms and try a holistic approach to organic beauty. When you properly cleanse, nourish and vitalize your skin, you give it a chance to show amazing results. Starflower cleansing, exfoliation and toning are the essential keys to unlocking beautiful, soft, radiant skin!



CLEANSE AND TONE

CRÈME CLEANSERS

A synergized blend of organic herbs to decongest, detoxify, re-mineralize, tone and soothe the skin. They are light yet nutrient rich cleansers which effectively remove impurities and make-up while maintaining the skin's natural PH layer. Designed for everyday use and available in three wonderful scents to best suit your skin condition.

Rose

Normal, dry, sensitive, mature

Lavender

All skin conditions and especially combination skin

Grapefruit

Normal, oily, large pores, problem

EXFOLIANT CLEANSERS

Our three exfoliants offer a healthy, holistic alternative to hydroxy acids and are much more effective for long-term use. When activated with water, they offer a fresh delivery of almond milk and rare essential oils in a base of almond meal, millet flour and herbal powders. The result is deeply cleansed, nourished, smooth, glowing skin and refined pores! Exfoliants are a must for beautiful, healthy skin and ours can be left on to dry as a mask. Designed for everyday use.

Rose Almond

Normal, dry, mature

Chamomile

Normal, dry, dehydrated, sensitive, inflamed

ChamoMillet

Normal, oily, large pores, problem

NUTRIENT TONER MISTS

Cleanse, tone and moisturize - essential to beautiful skin. Starflower toners hydrate and tone the skin, strengthen connective tissue and increase elasticity of the pores. Synergistically blended herbs and essential oils promote deep tissue regeneration.

Rose Gold Nutrient Toner

Rose scent. Normal, dry, mature, sensitive

Royal Vera Nutrient Toner

Lavender scent. Normal, oily, problem, combination

Cool Citrus C-Weed Toner

Neroli scent. Mineral rich for all skin conditions

Herbal Skin Bracer

Aftershave for men and women. For all skin conditions

Rose Water AromaMist

Refreshing. For all skin conditions



We've been using Starflower products in our facial treatments since we opened almost 4 years ago. Clients absolutely love the way the products smell, feel and perform. They can't believe how "synthetic" other products seem in comparison. We love Starflower because the products are so easy to sell, and clients keep coming back for more. They've made our spa very profitable!

Lynn Shulman, founder, Elixir Organic Spa, Toronto, Ontario, Canada



CLEANSING, TONING & REFRESHER PADS

Our Starflower Petalets are a popular favorite, especially among women on the go or who travel and want something refreshing and cleansing, fast! Cotton pads are soaked in healing aloe vera, gentle astringent and toning witch hazel, harmonizing rose water, and rare essential oils.

Rose Petalets

Normal, dry, sensitive

Lavender Petalets

Normal, oily, problem, combination

I just wanted you to know that your skin care line is amazing. I have been suffering from adult acne for the last five years. However, since I visited Providence Day Spa in Brooklyn and purchased your products, I have seen amazing results. Everywhere I go people ask me what I've done to my skin. Not only has the acne cleared up, my skin is now soft and even toned.

Lisa T., Brooklyn, NY

Moisturize

Starflower Moisturizers are formulated for balancing and moisturizing every skin condition. They have sun-protection properties and essential oils to stimulate the skin's natural functions. Herbal antioxidants and Vitamin E slow down oxygenation and free radical-induced deterioration of the skin's natural fatty acids. Our synergistic formulas encourage harmony and cell regeneration deep within the skin's layers. Rich emollient oils and waxes give extra protection to the surface layer of the skin. Colloidal silver and gold are added for antifungal and antibacterial properties.



NUTRIENT INTENSIVE MOISTURIZERS

Light and highly absorbent, our "aroma plant" moisturizers are available in five therapeutic scents for each skin preference. All Nutrient Intensive Moisturizers (NIMS) contain borage, almond and jojoba oils, aloe vera gel, mineral water complex, herbal extracts, rare essential oils and Vitamins C and E.

Chamomile Rose

For dry, sensitive, dehydrated, inflamed or sunburned skin, wrinkles, mature skin

Sandalwood

For dry, sensitive, oily, chapped cracked skin, acne, scars, wrinkles, mature skin

Mandarin-Melissa

For dry, oily combination, congested and dull skin, acne, scars, slack tissue, spots, wrinkles

Lavender

For balanced to oily, combination, congested and dull skin, acne, eczema, sunburn, irritated, inflamed skin

SeaFlower SPF 15

Daytime sun protection for all skin conditions

Lime-Orange

For oily, congested and dull skin, acne, spots





Starflower is such an innovative company. I like that many of the products have rare, hard to find premium organic ingredients, such as royal jelly, sprouted wheat grass and barley grass juices. Myself, as an esthetician touching the products constantly throughout the day, it is a comfort to know that I'm not handling chemical ingredients that could have an adverse effect on my health.

Sarah Reynolds, esthetician, Ventana Inn & Spa, Big Sur, CA

FACIAL CRÈMES, OILS AND POWDER

Rose Gold Face Crème

Normal, dry, sensitive, dehydrated, mature

A very special healing day crème, rich in antioxidant protection and vitalizing herbs wild crafted from the Colorado mountains. A super soothing crème, ideal for traumatized skin in special need of repair (post-laser surgery or chemical peels) and a blessing for burned skin with it's anti-scarring properties. To reduce extra sheen, Chamomile Face Powder will seal in moisture and provide a smooth matte finish.

Lavender Gold Face Crème

Normal, dry, combination

Highly absorbent emollient oils and regenerative herbs provide effective daily moisture protection while stimulating balance and tone for normal or dry skin which suffers occasional monthly breakouts.

SkinDance Face Moisturizer

All skin conditions

A Starflower favorite, SkinDance Face Moisturizer is an essential and vital skin food within the Starflower Face Care System. The naturally high content of essential fatty acids balance the skin and protect it from excessive sun as well as cold. It has a high content of GLA (gamma-linolenic acid) and provides SPF 8 protection. Synergistic essential oils stimulate balance within the skin's natural functions, especially the oil producing glands. SkinDance has a positive effect on all types of skin including oily, problem, or dry, sensitive. It will tone the skin, reducing the size of the pores while increasing elasticity. Very useful to aging skin as a cell regenerative.

Day Replenish Face Moisturizer

Dry, mature, fragile skin

A rich, non-clogging facial balm designed to give extra moisturizing barrier protection for extremely dry skin and/or dry weather conditions. Layering over a Nutrient Intensive or Skin Dance Moisturizer is recommended for the dry winter months.

Chamomile Face Powder

All skin conditions

Finer than silk powder and completely herbal with pore refining essential oils and powdered herbs of arrowroot and chamomile. Apply after moisturizer or make-up to smooth facial skin tone, absorb excess moisture and provide an attractive matte finish. Includes sponge puff.



EYES AND LIPS

Bright Eyes Petalets

Refresh the eyes by placing soaked pads over closed eye lids anytime, day or night. Herbal extracts of chamomile, eyebright and fennel bring soothing relief to puffy, swollen, red and itchy eyes due to fatigue, allergies, air pollution, computer radiation, etc.

Bright Eyes Regenerative Eye Oil

Highly nutritive and absorbent essential fatty acid oils such as borage, black currant seed and seabuckthorn are blended with anti-inflammatory essential oils to tone and smooth fine wrinkle lines giving elasticity to the tender fragile skin around the eyes.

Bright Eyes Regenerative Eye Gel

A healing, refreshing gel for night time repair and day time protection to assure a firm and supple appearance around the eyes. Bright Eyes Gel contains herbal extracts, aloe vera, royal jelly, borage oil, regenerative essential oils such as chamomile, neroli, palmarosa, carrot and fennel.

Rose Gold Lip Crème

This crème is a highly effective treatment for dry and chapped lips and for wrinkles which form around the mouth. This soothing, emollient formula nourishes and smooths while offering superb sun, cold and dry weather protection.

"I've never liked putting chemicals on my face, but for a long time I thought that was the only way that I could have clear skin. Frustrated by trying tons of products that didn't work, I thought I'd try something different with Starflower. Immediately, my skin looked and felt better and my problem skin has improved dramatically. I am glad I found an alternative skin care line that is organic and works great!" *Jonathan P., Austin, TX*





Clary Sea Face Mask

Detoxifying — all skin conditions

A highly mineralized, detoxifying mask designed to nourish, regenerate and effectively flush deeply embedded toxins. Most effective when applied after Herbal Essential Steam, as both these preparations greatly enhance the effectiveness of the other. Clary Sea contains blue green algae, arctic seaweed, highly mineralized clay and essential oils.



Herban Cool Enzyme Peel

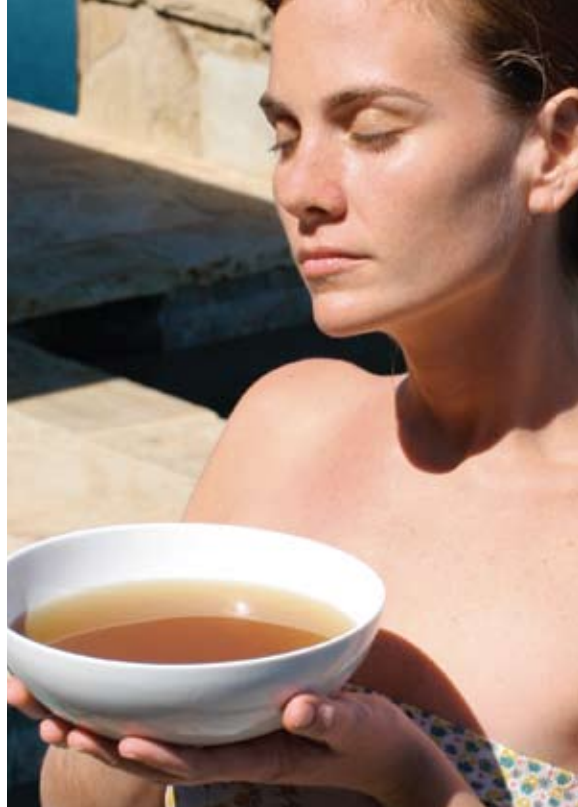
Firming — all skin conditions, including inflamed acne

This natural enzyme peel refines texture and smooths the skin like no other. Packed with powerful herbal anti-oxidants such as organic barley grass and wheatgrass juices, rosemary, papaya and bee pollen. Herban Cool provides valuable amino acids, minerals and vitamins to enhance the skin. Cooling peppermint scent.

Royal Rose Enzyme Mask

Hydrating — normal, dry, dehydrated, mature, sensitive

A very special tonic for the body—inside and out! Whether you want a rose honey mask for collagen renewal or a taste bud extravaganza at tea time, you'll love Royal Rose Enzyme Mask. It's delicious and nutritious with premium ingredients such as raw, organic honey infused with the world's finest European, medicinal grade Bulgarian rose (highest frequency essential oil) and fresh royal jelly (200 ml. per teaspoon). Enjoy!



STEAM AND MASK

Herbal Essential Steam

Purifying — all skin conditions

A synergized blend of 17 organic herbs and flowers to deeply cleanse, nourish, tone, and activate the skin's natural functions. Herbal Essential Steam purifies and opens pores in preparation for Starflower's facial masks.

Flower & Sea Rejuvenating Face Mask

Moisturizing — all skin conditions

Revitalize and mineralize with pure arctic seaweed and a special organic herbal synergy. Especially beneficial to lack-luster skin, large pores and blemishes while infusing the skin with moisture and vital anti-oxidants. Floral scent.



I'm into all organic, but I've never tried anything so vital. I'm 64 years old and your products have made such a difference. I think every young woman using your products could really keep their skin youthful and beautiful on through mature age.

Rosy L., Phoenix, AZ



ROSACEA

A chronic lifestyle* induced skin condition that can be greatly improved, even eliminated with the help of diet and Starflower's Skin Care regimen. For more information we suggest you consult with a Starflower representative.

Rose or Lavender Crème Cleanser
surface dirt and make-up removal

Rose Almond Exfoliant Cleanser & Mask
deeply cleanses and gently exfoliates

Chamomile Cleanser & Mask
advanced rosacea and sensitive skin

Rose Gold Nutrient Toner Mist
regulates and harmonizes skin function

Herbal Skin Bracer
anti-oxidant rich, anti-bacterial

Rose or Lavender Petalets
harmonizing, anti-bacterial cleanser & refresher pads

Rosacea Clear
soothing, anti-inflammatory, apply day or night

Nutrient Intensive Moisturizers
Chamomile Rose, Sandalwood, Lavender, SeaFlower SPF15

SkinDance Moisturizer
essential fatty acids help to heal veins and redness

Day Replenish Face Moisturizer
soothing, nourishing, healing protection

Rose Gold or Lavender Face Crème
soothing, nourishing, healing protection

Chamomile Face Powder
soothing anti-inflammatory

Herbal Essential Steam
as warm compress

Royal Rose Enzyme Mask
collagen renewal, hydrating, nourishing

Clary Sea Face Mask
detoxifying, pore refining

Flower & Sea Rejuvenating Mask
moisturizing, cell regeneration

Royal Rejuve Night Serum
rejuvenating, hydrating

EnerChi – Super Energy Food
inner skin nutrition, anti-oxidant rich

**Rosacea can be the result of a hectic lifestyle, a lack of rhythm and overuse of stimulants such as coffee, alcohol, sugars and hot, spicy foods.*



SPECIAL TREATMENTS

Rosacea Clear

Starflower incorporates a holistic approach to this systemic disease, one that takes into consideration your lifestyle, your nutrition and your skin care preparations (See panel on left of page). Rosacea Clear effectively reduces and helps clear inflammation that shows up as red, spidery veins within the dermal layer of the cheeks or nose. Included in this formula are the best plant and mineral substances for this condition: evening primrose, St. Johns wort, borage, witch hazel, rosemary, hemp, horse chestnut and copper to calm and soothe inflammation and strengthen connective tissue.

Acne Clear

A concentrated blend of organic plant extracts and oils to help balance, purify and normalize skin PH to assist in healing the ravaging effects of systemic acne. Contains calendula, echinacea, burdock, tansy, witch hazel and organic sulfur.

Enlighten Skin — Roll On

A synergistic blend of lightening agents to effectively address hyper-pigmentation of facial skin. Contains licorice, kojic acid, mulberry, senna, lactic acid, green tea, lime, lemon, manuka (active 12+) honey.

Royal Rejuve Night Serum

Normal to dry, dehydrated, wrinkled, mature
At night the skin renews and repairs itself from the stresses of the day. To help, Starflower has created a beautiful synergy of royal jelly in a vital organic herbal complex consisting of 18 regenerative herbs, aloe vera gel, Vitamin C and green tea antioxidants, the finest organic Bulgarian Rose Otto and raw honey. Royal Rejuve will reduce or eliminate fine lines, hydrate and plump the skin and stimulate collagen renewal deep within the skin's cellular structure. In the morning, the skin will look plump, smooth and refined with the appearance of a slight face lift. For extra hydration during the day apply Royal Rejuve under your moisturizer.



INTRO / TRAVEL KITS

Packaged in handy clear vinyl-gold trimmed bags, each kit features smaller sizes of various products to best suit your basic skin care needs. We also offer a Skin Care Sampler Kit, perfectly sized and priced for gift giving.

FACE KITS

Each kit is designed according to your skin condition and contains 1 oz. Crème Cleanser, 1 oz. Toner Mist, 1 oz. Nutrient Intensive Moisturizer, 1/2 oz. SkinDance Moisturizer, 1/3 oz. Lip Crème, 1 packet ea. of Exfoliant, Steam, Mask.

Dry/Mature Kit
Sensitive/Inflamed Kit
Balanced/Combination Kit
Oily/Problem Kit
For Men Only Kit

Skin Care Sampler — Gift Kit

Smaller Kit contains 1/2 oz. ea. of Exfoliant, Toner, SkinDance, Lavender Body Oil in a white chiffon pouch. Very pretty!

Dry/Mature Kit
Oily/Problem Kit

Body Oil Kit

Now you can have four different aromatic therapeutic oils at your finger tips when you want them. Kit contains 4 / 2 oz. glass bottles:

Rose - Harmony
Chamomile - Calming
Lavender - Relaxing
Rosemary - Stimulating

ACNE

Often linked to hormonal or digestive imbalances, acne can be managed effectively with:

Lavender or Grapefruit Crème Cleanser

surface dirt and make-up removal

Chamomile Cleanser & Mask
for inflamed acne deeply cleanses, anti-inflammatory

ChamoMillet Exfoliant Cleanser
deeply cleanses and exfoliates

Lavender Petalets
anti-bacterial cleanser and refresher pads

Royal Vera Nutrient Toner Mist
reduces blemishes and blackheads, helps regulate inner skin function

Herbal Skin Bracer
anti-bacterial, anti-oxidant rich

Acne Clear
balances, purifies and normalizes skin PH

Nutrient Intensive Moisturizer
Sandalwood, Lavender or Lime Orange, SeaFlower SPF15

SkinDance
balances oil production, reduces pore size, prevents scarring

Herbal Essential Steam
anti-septic, opens clogged pores, nourishing

Clary Sea Face Mask
detoxifies, draws impurities

Herban Cool Enzyme Peel
reduces and soothes inflammation, spot treat blemishes

EnerChi - Super Energy Food
inner skin nutrition, anti-oxidant rich

HYPER-PIGMENTATION

Causes of hyper-pigmentation vary with each body type, but the most universal causes are dietary and over exposure to the sun. Preventatives: **1.** Cleanse the body internally with herbs once or twice a year to flush the body of built up toxins. Ask a Starflower representative for more details. **2.** Avoid extended periods in the sun without a hat and wear an organic sunscreen.



Bath and Shower

Starflower baths banish cold indifference, lift the spirit and the body while infusing the mind with kinder considerations. Both inspiration and respiration are enhanced when the body is buoyed in warm waters and when thoughts are seduced into the issues of fine fragrance.

GOURMET HANDMADE CLEANSING BARS

Expert formulation and vital organic food-grade ingredients come together to bring you the best creamy cleansing bar ever and so much better than a shower gel! Starflower Cleansing Bars are like no other...so creamy fresh with whole organic foods like avocado, fruits, raw cacao nibs, spirulina, organic cold pressed oils and bursting with unique scents from around the world. We think you and your skin will agree...these really are the best ever!

Avocado Lemongrass
Refreshing, Deodorant

Carrot Calendula
Floral, Regenerative

Orange Cinnamon
Cheering, Stimulating

Ylang Ylang
Sensual, "Aromantic"

Cacao Mint
Anti-oxidant Rich

Goat Milk (unscented)
Gentle enough for a baby

Ayaté Exfoliating Wash Cloth

An excellent organic body exfoliator, this "magical" cloth swells up and softens when placed in water. People who use it in the bath or shower comment on it's effectiveness without it being abrasive on the skin. These cloths never accumulate soap scum, are mildew resistant and make great companions to our gourmet cleansing bars. Fibers come from the Maguey tree and are hand woven by indigenous Indians in Mexico.



AROMASALT BATH SACHETS

A holistic and therapeutic in-home spa treatment consisting of synergized organic herbs, grain and nut powders, mineral salts, clay and essential oils. Drop sachet into your bath and use as a wash cloth to nourish, detoxify, tone and remineralize the skin while providing soothing relaxation to mind and body.

Summer Solstice

A relaxing and revitalizing synergy of flowers and herbs from our summer garden.

Seven Trees

A purifying and refreshing synergy to increase blood flow, encourage deep breathing and provide pain relief for aching joints and muscles.



Your Ayate Washcloth...Oh My Gosh, I love it! It doesn't scratch my skin and with your cleansing bar, it leaves my body feeling silky smooth, nourished and perfectly exfoliated. My skin glows and feels alive.

Brandi Levi, owner, Esthetica Spa, Studio City, CA

BATH EMULSIONS

Rosemary Bath

Rosemary is best known for strengthening memory and mental clarity. It is ideal as a morning bath or before a night on the town, enlivening both mind and body by stimulating the nervous system and improving circulation.

Seven Trees Bath

A particularly refreshing blend of pine, fir, spruce, eucalyptus, birch, cedar, and cypress to uplift the spirit, promote deep breathing, and bring relaxation to the body.

Lavender Bath

A late afternoon or evening bath, lavender has a calming, relaxing effect on the body and nervous system and promotes peaceful sleep. It is both a tonic and sedative and is ideal for high blood pressure.

Lemon Bath

A purifying, refreshing and rejuvenating blend of lemon, melissa, and marjoram. Lemon Bath will soothe and relieve tension headaches, stimulate the digestive system, tone the lymphatic system, and help disperse cellulite.

In'joy Bath

A relaxing, heart opening experience, In'joy is a conjugal synergy of rose, jasmine, ylang ylang, sweet orange, palmarosa and ambrette, which encourages joy, intimacy and playfulness.

Lemon Ginger Bath

The spicy scent of lemon and ginger will ease confusions of the mind while warming the heart. On a scientific note, purifying lemon and stimulating ginger help the body's own immune system to overcome infections such as sore throat, flu, the common cold and its symptoms, such as chills and fever.



Body Care

Warmth is the experience we seek from each other. Warmth occurs wherever the spirit is active. The high priestesses and priests of old invoked the fiery presence of the holy spirit with anointing oils. Starflower body oils and milks are synergistically blended to invoke qualities of vitality, calmness, intimacy, relaxation, balance and protection.

BODY OILS

Rose Body Oil — *Harmonizing*

In the art of aromatherapy, rose is the “Queen of Flowers” and is inspired by Venus. Rose is especially beneficial to women and enhances our feminine qualities, imparting harmony and protection. Rose can help with issues surrounding sexuality or the reproductive cycle.

Chamomile Body Oil — *Calming*

Chamomile is a useful anti-depressant, lifting the spirit in fretful, irritable, or nervous situations. It is gentle enough for the care of infants and children.

Lavender Body Oil — *Relaxing*

One of the most versatile of all the essential oils, Lavender is both a sedative and a tonic. Its healing powers bring balance and relaxation to the body and emotions, relieving muscular pain and calming the central nervous system. Good for headaches.

Rosemary Body Oil — *Stimulating*

As a stimulant, Rosemary encourages circulation and strengthens the central nervous system, promoting mental clarity and memory. It is also known to relieve tired, stiff muscles and pain from arthritis and rheumatism.

In'joy Body Oil — *'Aromantic'*

In the art of aromatherapy, Jasmine is considered the “King of Flowers.” The king and queen of flowers unite in this conjugal formula becoming a potent aphrodisiac. Emotionally warming, In'joy promotes confidence, relaxes the body and invites the spirit out from melancholy.



BODY MILKS AND BUTTERS

Emollient, light and silky, our luxuriantly scented moisturizers will delight your senses and revitalize your skin from head to toe.

Neroli Body Milk

Rare Neroli orange blossoms soothe and uplift your senses while this luxuriant milk works deep into the layers of the skin providing cell regeneration and wrinkle protection.

Rose Gold Body Milk

The finest Bulgarian rose ingredients will bring harmony to your senses and protect even the most sensitive skin from the elements. Excellent for dry, chapped or mature skin, this creamy milk will nourish, balance and refresh the body.

French Lavender Body Milk

Bring the French lavender fields into your bathroom with this soothing and fragrant body milk. An all around pleaser, lavender is so relaxing at the end of a long day and will nourish, balance and moisturize the body before bedtime.

CoCo Vanilla Body Butter

Be enveloped by rich, emollient oils from the tropics anytime of year! Premium organic virgin coconut, macadamia oils, raw cacao and shea butters are infused with real vanilla bean and the costly vanilla total essential oil. The result is pure "scentual" pleasure for a day at the beach or skiing on the slopes.

HEALING SALVES AND BODY POWDER

Our premium salves and powder are hand made from medicinal grade, organic or wild-crafted essential oils and herbs. Masterfully synergized formulas are designed for fast, healing effectiveness.

Herba Salve

An all around healing salve for all manner of skin conditions such as red, irritated and inflamed skin, rashes, minor burns, scars, eczema, insect bites, chapped lips, etc. Shaving or waxing tip: Apply to legs after shaving or waxing to quickly soothe and relieve any red irritation. Follow with our talc-free body powder for a nice smooth finish.

Hot Ice

An analgesic healing salve to help you transcend the pain of injury. Also, it gives effective relief from arthritic joint pain and stiffness. Contains herbal extracts and essential oils of comfrey, ginger, arnica, horsetail, goldenseal, cajuput, benzoin, peppermint, clove and black pepper.

Herbal Body Powder

Highly absorbent herbal powders such as yarrow, marshmallow, rosemary and lavender smell wonderful and feel silky smooth on the skin. This all herbal powder will absorb excess moisture, relieve itchy skin, deodorize, keep feet dry and help with oily scalp and hair.



Essential Oils

MEDICINAL QUALITY
ORGANIC AND WILD CRAFTED



My clients and I appreciate the heart and soul put into these aromatherapeutic products. They can and will provide the skin and soul with change. Finally, products with an honest purpose!

*Holly Tarantelli, The Embracing Goddess,
Ithaca, NY*

Essential Oil Singles

SINGLES	Description	Applications
BASIL	Clarifying	Mental fatigue, migraine, allergies, aches & pains, scalp stimulant
CARROT	Tonic	Liver & gall bladder tonic, gout, skin ulcerations, eczema, wrinkles
CHAMOMILE	Stress Relieving	Migraine, anxiety, stress, inflammation
CLARY SAGE	Sedative	Depression, debility, euphoric, sore throat
CYPRESS	Astringent	Excess fluids, cellulite, heavy & painful periods
EUCALYPTUS	Decongestant	Sore throat, colds, insect repellent, rheumatism, antiviral
GERANIUM	Regulating	Menopause problems, lymphatic stimulant
GRAPEFRUIT	Tonic	Obesity, cellulite, depression, kidney and liver problems
LAVENDER	Relaxing	Nervous tension, high blood pressure, headaches, insomnia
MARJORAM	Warming	Heart tonic, high blood pressure, loneliness, grief, sedative, bruises
ORANGE	Cheering	Depression, anxiety, spasm, constipation, insomnia, antiseptic
OREGANO	Anti-Infectious	Powerful antiviral, antibacterial, antifungal, antiparasitic, pain
LEMON	Cleansing	Lymphatic stimulant, liver & kidney tonic, fevers, greasy hair
PALMAROSA	Regenerating	Calming, nervous exhaustion, cell regenerative, wrinkles
PEPPERMINT	Energizing	Digestive aid, fainting, shock, colds, flu, fever
ROSEMARY	Invigorating	Headache, fatigue, low blood pressure, aids memory, scalp stimulant
ROSEWOOD	Clearing	Nausea, headaches, soothing, enhances skin elasticity
SANDALWOOD	Soothing	Aphrodisiac, relaxing, healing, meditative, acne
TEA TREE	Anti-Infectious	Immuno-stimulant, cold sores, warts, acne, burns, athlete's foot
YLANG YLANG	Aphrodisiac	Calming, relaxing, sedative, depression, palpitations

Essential Oil Synergies

SYNERGIES	Description	Essential Oils
IN'JOY	Joyful, Romantic, Exotic, Playful	Jasmine, rose, ylang ylang, sandalwood, sweet orange, bergamot, palmarosa, ambrette
MAGI	Sacred, Meditative	Frankincense, myrrh, sandalwood, monatomic gold
SEVEN TREES	Uplifting, Refreshing	Pine, fir, spruce, cedar, cypress, eucalyptus, birch
COOL CITRUS	Cooling, Invigorating	Lemon, red mandarin, orange, neroli, bergamot, petitgrain
LIMB RELAX	Relieves Tension, Restores Balance	Lavender, geranium, marjoram
LIMB STIMULATE	Invigorates, Stimulates Circulation	Rosemary, sage, thyme
SPINE REJUEVE	Nerve Regenerative	Ginger, grapefruit, lemongrass, eucalyptus, juniper, peppermint
CELLULITE	Fat Disperser	Rosemary, cypress, birch, juniper, oregano

Facial Cell Regeneratives and Natural 'Parfumes' — in Organic Jojoba Oil Base

5% BLENDS	Description	Applications
ROSE OTTO 5%	Harmonizing	Highest frequency, "Queen of Flowers", skin tonic, rosacea, wrinkles
NEROLI 5%	Rejuvenating	Uplifting, menopausal problems, cell regenerative, facial skin tonic, all skin types especially dry or sensitive
JASMINE 5%	Exotic	Aphrodisiac, uterine tonic, facial skin tonic, hot dry, sensitive or oily skin

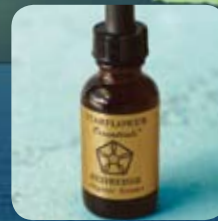
do you have
ENERCHI



ENERCHI — Organic Blender Mix

Inner Skin Tonic, A Super Energy Food

When you alkalize and hydrate your body something wonderful happens to your skin. It gets younger! Alkaline Superfoods provide the missing link to achieving vibrant health. When you remove acidic toxins with Enerchi's rich antioxidant formula you'll...Flush Fat, Detoxify, Heighten Mental Clarity, Enhance Immunity, Increase Regeneration, Enjoy Maximum Energy all day, everyday.



RED REISHI — Longevity Tonic

Organically Grown and Wildcrafted in North America

Known as lingchi, "mushroom of immortality" in China, Red Reishi is the single most highly rated herb in terms of multiple benefits and lack of side effects, in all of traditional Chinese medicine. Extensive human clinical studies have shown overwhelming beneficial results in conditions of cancer, high cholesterol, hepatitis, arthritis, asthma and poorly regulated immune response. The list goes on and because of so many therapeutic benefits, we classify Red Reishi as one of the most versatile healing tonics we've experienced in the world.

Skin Care Ingredients

All ingredients are organic/wildcrafted when available

Alkanet Herb
Almond Meal
Almond Oil
Aloe Vera Gel
Anise Seed
Apricot Oil Arnica
Arnica Herb
Arrowroot Powder
Astragalus Herb
Avocado Fruit & Oil
Bee Pollen
Beeswax
Benzoin Gum
Beta-Carotene
Black Currant Seed Oil
Blue Green Algae
Borage Seed Oil
Burdock Root
Cacao Butter
Cacao Nibs (raw chocolate)
Calendula Flower
Caraway Seed

Carrot Seed
Castor Oil
Chamomile Flower
Chickweed Herb
Chlorella
Cinnamon Powder
Clay
Cleavers Herb
Coconut Oil (extra virgin)
Colloidal Silver & Gold
Coltsfoot Herb
Comfrey Leaf & Root
Copper
Cucumber
Dandelion Leaf & Root
Dulse
Echinacea Flower & Root
Elder Flower
Emulsifying Wax (veg.)
Essential Oils
Evening Primrose Oil
Eyebright Herb

Fennel Seed
Ginger Root
Ginseng Powder
Glycerine (vegetable)
Goats Milk
Goldenseal Herb
Grain or Fruit Alcohol
Grapefruit Seed Extract
Green Barley Grass
Juice Powder
Green Tea
Hazelnut Oil
Hemp Seed Oil
Hollyhock Flower
Honey (raw)
Hops Flower
Horse Chestnut
Horsetail Herb
Hydrogen Peroxide
Jojoba Oil
Kelp Powder
Kojic Acid

Lactic Acid
Lanolin
Lavender Flower
Lecithin
Lemongrass Herb
Licorice Root
Macadamia Nut Oil
Magnesium Sulfate
Marshmallow Root
Menthol Crystals
Millet Powder
Mulberry Herb
Neem Leaf
Nettle Leaf
Olive Oil (extra virgin)
Orris Powder
Palm Kernel Oil
Papaya
Peppermint Leaf
Plantain Leaf
Propolis
Red Clover Flower

Rose Hip Seed Oil
Rose Petals
Rose Water
Rosemary Leaf
Rosemary Extract
Royal Jelly (fresh)
Safflower Oil
Sage Extract
Sea Salt (ancient sea bed)
Seabuckthorn Oil
St. John's Wort Herb
Self-Heal
Senna Leaf
Sesame Oil
Shea Butter
Slippery Elm Bark
Sodium Bicarbonate
(baking soda)
Spirulina
Sulfur (MSM)
Sunflower Oil
Squalene (olive)

Tansy Flower
Titanium Dioxide
Vanilla Bean
Violet Leaf
Vitamin C
Vitamin E
Wellness Water™
Wheat Germ Oil
Wheat Grass Juice Powder
Wild Lettuce
Witch Hazel Distilled
Witch Hazel Herb
Xanthan Gum
Yarrow Herb
Zinc Oxide



The Heart of the Matter

Organic, Food Grade Skin Care is Better

Did you know that there is a profound difference between organic, food grade ingredients and cosmetic grade, cosmeceuticals?

Organically grown plants and oils, cold processed for food consumption are holistic by nature and their minimal processing allows substance integrity (literally the heart of the matter) to remain intact and vital. These substances nourish and better absorb into the skin because their molecular structure has not been disturbed and hardened through

high temperature refining, bleaching, decolorization, standardization, etc. as are many cosmetic grade ingredients. Commercial over-processing of ingredients results in a less expensive, devitalized substance, and though not optimal for the skin, renders a longer shelf life, an essential feature when mass market saturation is the driving force.

Starflower Essentials assures skin vitality and organic beauty. At the heart of Starflower's preparations are rare extracts of organically grown/wild-crafted

medicinal plants, food grade plant oils and waxes, flower waters, aloe vera, rare essential oils and a myriad of other special ingredients, chosen for their harmonizing effect on the skin. Each of our ingredients, separately, could be considered a "wonder" ingredient, and marketed as the core of a product line. Our formulas are produced in small, frequent batches to deliver potency* and freshness to you, the conscious consumer, whose skin knows and shows the difference! And remember, the most vital skin care in the world is organic and food grade.

Skin Care Charts

DRY / MATURE				BALANCED / COMBINATION			
	CLEANSE	TONE	MOISTURIZE		CLEANSE	TONE	MOISTURIZE
MORNING	Rose Crème Cleanser or Lavender Crème Cleanser or Rose Petalets or Rose Almond Exfoliant Cleanser or Chamomile Cleanser and Mask	Rose Gold Toner Mist or Cool Citrus Toner Mist	Chamomile Rose NIM* or Sandalwood NIM* or Mandarin-Melissa NIM* SkinDance Moisturizer Rose Gold Face Crème or Lavender Gold Face Crème or Day Replenish Chamomile Face Powder	MORNING	Any Crème Cleanser or Lavender Petalets or Rose Petalets or Rose Almond Exfoliant Cleanser or ChamoMillet Exfoliant Cleanser	Rose Gold Toner Mist or Royal Vera Toner Mist or Citrus C-Weed Toner Mist or Herbal Skin Bracer	Any NIM* SkinDance Moisturizer Lavender Gold Face Crème or Rose Gold Face Crème Chamomile Face Powder
EVENING	Same as Morning	Same as Morning	Royal Rejuve Night Serum† Chamomile Rose NIM* or Sandalwood NIM* or Mandarin-Melissa NIM* SkinDance Moisturizer	EVENING	Same as Morning	Same as Morning	Royal Rejuve Night Serum† Any NIM* or SkinDance Moisturizer
EYES & LIPS	Bright Eyes Petalets, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème			EYES & LIPS	Bright Eyes Petalets, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème		
SPECIAL TREATMENTS	Royal Rejuve for dry, dehydrated skin, Rosacea Clear, Enlighten Skin for hyper-pigmentation			SPECIAL TREATMENTS	Royal Rejuve for dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation		
WEEKLY CARE				WEEKLY CARE			
STEAM	Herbal Essential Steam			STEAM	Herbal Essential Steam		
MASK	Clary Sea Face Mask, Herban Cool Enzyme Peel, Flower & Sea Rejuvenating Mask, Royal Rose Enzyme Mask			MASK	Clary Sea Face Mask, Herban Cool Enzyme Peel, Flower & Sea Rejuvenating Mask		
BATH	Any Bath Emulsion, AromaSalt Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth			BATH	Any Bath Emulsion, AromaSalt Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth		
BODY	Any Body Oil, Body Butter, Body Milk, Salve, Body Powder			BODY	Any Body Oil, Body Butter, Body Milk, Salve, Body Powder		
OILY / PROBLEM				SENSITIVE / INFLAMED			
	CLEANSE	TONE	MOISTURIZE		CLEANSE	TONE	MOISTURIZE
MORNING	Grapefruit Crème Cleanser or Lavender Crème Cleanser or Lavender Petalets or ChamoMillet Exfoliant Cleanser	Royal Vera Face Toner Mist Cool Citrus C-Weed Toner Mist Herbal Skin Bracer	Lime-Orange NIM* or Lavender NIM* or Sandalwood NIM* SkinDance Moisturizer Chamomile Face Powder	MORNING	Rose Crème Cleanser or Lavender Crème Cleanser or Rose Petalets or Chamomile Cleanser & Mask	Rose Gold Toner Mist or Cool Citrus C-Weed Toner Mist	Chamomile Rose NIM* or Sandalwood NIM* SkinDance Moisturizer Rose Gold Face Crème Chamomile Face Powder
EVENING	Same as Morning	Same as Morning		EVENING	Same as Morning	Same as Morning	Royal Rejuve Night Serum† Chamomile Rose NIM* or Sandalwood NIM*
EYES & LIPS	Bright Eyes Petalets, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème			EYES & LIPS	Bright Eyes Petalets, Bright Eyes Regenerative Eye Oil or Bright Eyes Regenerative Eye Gel, Rose Gold Lip Crème		
SPECIAL TREATMENTS	Royal Rejuve for oily, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation			SPECIAL TREATMENTS	Royal Rejuve for sensitive, dehydrated skin, Rosacea Clear, Acne Clear, Enlighten Skin for hyper-pigmentation		
WEEKLY CARE				WEEKLY CARE			
STEAM	Herbal Essential Steam			STEAM	Herbal Essential Steam (warm compress)		
MASK	Clary Sea Face Mask, Herban Cool Enzyme Peel			MASK	Clary Sea Face Mask, Royal Rose Enzyme Mask, Flower & Sea Rejuvenating Mask		
BATH	Any Bath Emulsion, AromaSalt Bath Sachet, Gourmet Cleansing Bar, Ayate Wash Cloth			BATH	Lavender Bath Emulsion, In'joy Bath Emulsion, Any AromaSalt Bath Sachet, Goat Milk Soap, Carrot Calendula Cleansing Bar, Ayate Wash Cloth		
BODY	Any Body Oil, Body Butter, Body Milk, Salve, Body Powder			BODY	Any Body Oil, Body Butter, Body Milk, Salve, Body Powder		

NIM* = Nutrient Intensive Moisturizer

Royal Rejuve Night Serum† = In summer months, because of less dryness, Royal Rejuve can be used alone. No extra moisturizer is necessary at nighttime.



Organic and Food Grade

Organic, food grade (superior to cosmetic grade) and naturally processed

Made with the highest standards of purity and quality, hand blended with fresh, vital organic and wild-crafted herbs, cold pressed oils and medicinal grade essential oils

Aromatherapy based

Made without mineral oil, petroleum products, synthetic scents, chemical preservatives, dyes

Naturally preserved by substances which not only maintain the vitality of the product but also have a beneficial effect on the skin

Packaged in glass to maintain the vitality of the product

100 % free of animal testing

Starflower Essentials are hand made and perishable, like the plants and flowers from which they are derived. Shelf life averages 12 to 18 months and is extended by protection from heat and light. Our products are designed for the more conscious consumer who appreciates the delicacy of vital substances. Please write to us with your comments or concerns. We welcome and value your ideas.

Your satisfaction is guaranteed.

STARFLOWER™
Essentials



ORGANIC SKIN CARE

TOLL FREE 1-888-262-5424 | WWW.STARFLOWERSPA.COM | STAR@STARFLOWERSPA.COM



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